

# YOUR GAME

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DRIVE IT FARTHER

**DON SARGENT**

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## THREE MOVES FOR A STRONGER BACKSWING

*How to max out your coil for more yards with less effort*

If you think you swing hard yet lack ample driving distance, you're likely failing to store power in your backswing. The picture below reveals why: At the top, you strand weight on your left side instead of your right. Hello, reverse pivot. This common backswing mistake means you have too much arm lift and too little body turn, and that your energy moves toward the target instead of away from it. There's no weaker hitting position than this.

### A Three-Step Fix

Below are three keys to create a powerful, loaded position to start your downswing. Think you're too experienced to worry about this beginner's mistake? Think again. Even Tour pros use these moves to guard against reverse-pivoting.



**No!**

If you're moving toward the target on your backswing, you'll move away from it on your downswing, sapping power from your motion.

**Yes!**

- 1 Let your head drift** slightly away from the target. Don't lock it in place.
- 2 As you rotate back, get your weight onto your right side.**
- 3 Turn your back to the target** by rotating your shoulders and hips.

Making these moves, while keeping your hands as far away from your head as possible, results in a power-packed backswing for extra *smash* at impact.

Play better.  
Hit it farther.  
Have fun.

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